Life Skills Ties

Domain: Character

Level: 5-12

Quick Tie

Materials needed: None - just shoes of participants

Time Allocation: 15 minutes

Have participants remove their shoes. Place them in a pile a short distance away, mixed up with all the others. Then line up participants behind a starting line and yell "go", upon which participants will dash to find their shoes. When they have their shoes fastened back on their feet they should return to the starting line. Then have participants remove their shoes and stack them again for round 2. This time, once the shoes are stacked, pair the participants and have them describe their own shoes to each other. Now tell them they may not talk during the rest of the exercise. They now find the shoes of their partners and put them on the partner's feet, then return to the starting line.

Questions:

How easy was it to find and put on your own shoes?

Why was it easier to accomplish your own task than it was to accomplish something for your partner?

What does this exercise have to do with character?